



Weekly Safety Meeting

Step Ladders



Instructor: _____ Date/Time: _____

Ladders are a dangerous tool used by service companies. Injuries from ladders can be life threatening.

OSHA Requirements

1910.23(c)(2)

Each stepladder or combination ladder used in a stepladder mode is equipped with a metal spreader or locking device that securely holds the front and back sections in an open position while the ladder is in use;

Talking Points:

Any stepladder should be used in the open position only. Never lay step ladder against an object and climb. Demonstrate.

1910.23(c)(3)

Ladders are not loaded beyond the maximum intended load;

Note to paragraph (c)(3): The maximum intended load, as defined in § 1910.21(b), includes the total load (weight and force) of the employee and all tools, equipment, and materials being carried.

Talking Points:

Follow all guidelines of the manufacturer including the weight limit stickers on the side of all ladders. This should include person weight including anything they may be carrying such as tools.

1910.23(c)(4)

Ladders are used only on stable and level surfaces unless they are secured or stabilized to prevent accidental displacement;

Talking Points:

Make sure that all surfaces the ladder will contact are dry. Never use Step Ladder on uneven surfaces unless ladder is designed to perform in those environments. (Little Giant)

1910.23(c)(7)

Ladders placed in locations such as passageways, doorways, or driveways where they can be displaced by other activities or traffic:

1910.23(c)(7)(ii)

Are guarded by a temporary barricade, such as a row of traffic cones or caution tape, to keep the activities or traffic away from the ladder;

Talking Points:

Survey the area where a ladder is placed always look for unseen hazards-doorways or traffic. If ladder is set up where hazards exist be sure to barricade area to ensure that ladder can not be tipped over.

1910.23(c)(8)

The cap (if equipped) and top step of a stepladder are not used as steps;

Talking Points:

Top step on most ladders is considered cap not a step. The first actual step before the cap can't be utilized either. Show employee where the sticker is indicating this on a step ladder



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1910.23(b)(7)

Ladder surfaces are free of puncture and laceration hazards;

1910.23(b)(8)

Ladders are used only for the purposes for which they were designed;

1910.23(b)(9)

Ladders are inspected before initial use in each work shift, and more frequently as necessary, to identify any visible defects that could cause employee injury;

1910.23(b)(10)

Any ladder with structural or other defects is immediately tagged "Dangerous: Do Not Use" or with similar language in accordance with § 1910.145 and removed from service until repaired in accordance with § 1910.22(d), or replaced;

1910.23(b)(11)

Each employee faces the ladder when climbing up or down it;

1910.23(b)(12)

Each employee uses at least one hand to grasp the ladder when climbing up and down it; and

1910.23(b)(13)

No employee carries any object or load that could cause the employee to lose balance and fall while climbing up or down the ladder.

Employee Names or Signatures of personnel who attended the meeting

Expert Safety Services

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