



Weekly Safety Meeting

Ladder Safety Test



1. Step ladders can be used in the closed position if an employee is experienced?

True

False

2. One way to mitigate an unstable base when dealing with ladders is by utilizing leg levelers?

True

False

3. How high must a ladder extend above a roof surface when transferring to another surface?

A. 2ft

B. 3ft

C. 4ft

4. Stack Ladders can be stacked how many 6' sections high in order to follow manufacturer guidelines of 21 ft?

A. 3 sections

B. 4 sections

C. There are no height restrictions

5. A person can stand on top rung of ladder provided it is equipped with a cap?

True

False

6. A person can carry tools up and down the ladder as long as he is careful and no one is below him?

True

False



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7. Proper angle of ladder is called 4/1 Rule. It is best trained by?

- A. Placing forehead on closest rung and feet at base
- B. Placing feet at base and arms straight out touching rungs
- C. Jump on lowest rung ensuring ladder doesn't move

8. When transferring to another surface ladder should be locked off some way to prevent ladder from falling?

True

False

9. On a stack ladder the pins that it comes equipped with are optional to use?

True

False

10. Ladders should be inspected when?

- A. After every use and per manufacturer specifications
- B. Before, After and per manufacturer specifications
- C. Ladders don't need to be inspected

Employee: _____ Date/Time: _____

Expert Safety Services

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