



Weekly Safety Meeting

Fall Protection Systems



Instructor: _____ Date/Time: _____

OSHA Regulations

1910.28(b)(1)(i)

Except as provided elsewhere in this section, the employer must ensure that each employee on a walking-working surface with an unprotected side or edge that is 4 feet (1.2 m) or more above a lower level is protected from falling by one or more of the following:

1910.28(b)(1)(i)(C)

Personal fall protection systems, such as personal fall arrest, travel restraint, or positioning systems.

Talking Points:

Anytime an employee accesses a roof or another surface that is higher than 4' above another surface they are expected to wear a fall protection system that has been issued.

1910.30(a)(3)(iii)

The correct procedures for installing, inspecting, operating, maintaining, and disassembling the personal fall protection systems that the employee uses; and

Talking Points:

Re-emphasize fitting of the harness and well as general reminders of each of the components of the Fall Arrest System ie harness, rope grab, rope, lanyard etc. Talk about how the system works as well as best practices in the environment your company uses it in.

1910.30(a)(3)(iv)

The correct use of personal fall protection systems and equipment specified in paragraph (a)(1) of this section, including, but not limited to, proper hook-up, anchoring, and tie-off techniques, and methods of equipment inspection and storage, as specified by the manufacturer.

Talking Points:

Remind employees of what constitutes an anchor, also difference between fall restraint and fall arrest. Also remind employees that all fall protection equipment is inspected at the beginning of each shift for any defects that may hinder its proper operation in a fall.

Employee Names or Signatures of personnel who attended the meeting

Expert Safety Services

1701 E. Empire St. Ste 360 PMB 260 Bloomington, IL 61704